

DOB 1887/03/09

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A WHOLE NEW WORLD *um completo mundo novo*

dance classes shows events

AFROLATINO

OPEN YOUR MIND UNLOCK YOUR HEART STIMULATE YOUR BODY FEED YOUR SOUL

 TANGO GROUP CLASS TUESDAYS 18H30 TO 20H00 1900 FOR 3 MONTHS PRIVATE CLASS MON TO FRI 2500 PER MONTH 8 2 7 0 5 6 2 6 3	 SALSA GROUP CLASS THURSDAYS 18H30 TO 20H00 1900 FOR 3 MONTHS PRIVATE CLASS WED TO FRI 2500 PER MONTH 8 2 7 0 5 6 2 6 3	 CAPOEIRA GROUP CLASS MON, WED, FRI 19H00 TO 20H00 1200 PER MONTH PRIVATE CLASS NON 8 2 4 2 1 6 7 1 1	 BELLY GROUP CLASS MON, WED, FRI 19H00 TO 20H00 1200 PER MONTH PRIVATE CLASS MON TO FRI 2500 PER MONTH 8 2 5 4 2 0 7 6 2
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ABRA A MENTE E SOLTE O CORAÇÃO E STIMULE O CORPO E ALIMENTE A ALMA

TANGO

CAFE DE TANGO
 RESTAURANT • BAR • DANCE LOUNGE

RESTAURANT/BAR CAFE
 MON TO FRID
 17H30 TO 21H00

DANCING BAILAR
 MON TO FRI
 18H00 TO 21H00

CLASSES AULAS
 TUESDAYS
 18H30 TO 20H00

SHOWS ESPECTACULARES
 UPON REQUEST

@ KAYA KWANGA RESIDENCIAL
 THE PAVILION

QUINTA SALSA THURSDAYS

RESTAURANT/BAR CAFE
 18H00 TO 21H00

CLASSES AULAS
 18H30 TO 20H00

DANCING BAILAR
 19H30 TO 21H00

AFROLATINO

Santé - Nádia C. Brito Roque, B.Sc.(Honours), N.D.

Doctor of Naturopathic Medicine - nadiabrito@yahoo.com

Av. Tomás Nduda, no. 1050 - +258 84 737 0343

* **Santé are looking for a Yoga and Pilates teacher, please contact Nadia at the above details.**

They also offer:- Weight loss - Acupuncture - Lifestyle counseling - Monday to Friday, 9AM to 6:30PM

SANTÉ Health Food Store - Supplements, Vitamins and Minerals - Health Foods— Fresh Foods

Fresh home made low fat cheese, Mozzarella cheese, Ostrich meat, Rabbit meat, Turkey and chicken breasts, Plain Yogurt, Quail Eggs

COURSES ON SALES AND MARKETING - - 12 AND 13TH March (13:30 H - 18:30 H)

Venue: Formações do Departamento de Programas do Conselho Cristão de Moçambique.

Amount: 3.000.00 MT

For more information contact: Carlos Fanequico at **GSS, Lda**, Cell: +258 48 37 480

email: gs.consultores.gs@gmail.com or link onto www.gss.co.mz



Perfumaria XEIRABEIM

Descubra os melhores aromas que Maputo tem para lhe oferecer, aos melhores preços, na perfumaria situada na fachada exterior do hotel Polana

Perfume shop XEIRABEIM

Find the best aromas that Maputo has to offer, at the best prices, in the perfume shop located in the outside wall of Polana Hotel

USED GOLF CLUBS FOR SALE - \$200

I have had these clubs that I brought with me from Canada, played maybe 5 rounds with them

They are great clubs for Begginers and intermediate players. They are a set of mens right handed Wilson Gear Effect Graphite Shaft – regular flex. Good condition.

They come with : 3 wood, 5 wood, 3,4,5,7,8,9,P,S and a putter

I can bring you a driver from Canada in about a month for free, I took it there to get re-gripped.

I have an old Bag , as well as some used Golf balls, and a pair of shoes of size 8.5 used only Twice.

Please call me or SMS me at (82) 68 66 160



Are you interested in joining a wine tasting group to learn more about wine. You can contact Denise on 843837715. Denise will teach you how to appreciate and enjoy wine more. Get togethers will be monthly to begin with .

Note from the Editor: Denise is well know and highly regarded in Mozambique and South Africa, with vast experience in catering and certainly on wines.



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OVERSEAS SECURITY ADVISORY COUNCIL

MAPUTO, MOZAMBIQUE

OSAC Maputo Country Council Presents:

“When to Leave?”

A Candid Panel Discussion on Medical Preparedness

Guest Speakers:

Ty Flewelling, Physician Assistant/Medical Attaché, U.S. Embassy Maputo

Ricardo Palermo, Paramedic, Vida Plus

Mike Ferguson, Paramedic, SOS

And others!

Learn how to prepare yourself and your organization for a medical emergency!

Thursday, March 05, 2009

1000 – 1200

USAID JAT Complex, 4th Floor

Rua 1231, Nr. 41, Barrio Central, Maputo

RSVP to osacmoc@gmail.com

Call Filipa Ruiz for directions 82 304 8800

Overseas Security Advisory Council

Email: www.osac.gov

Beautiful home for sale in Polana on Rua Valentim Siti - This beautiful Family home has 3 bedrooms with an extra cottage has title deeds and is available immediately. Price USD 300 000.00. Please contact us for more information : 82 518 5956 or 82 747 4160.



"Effective Selling and Negotiation Techniques Workshop" on the 5th and 6th March 2009, at the Hotel Avenida, Maputo. The Workshop will be presented in Portuguese by Ricardo Carvalho. This Workshop is aimed at anyone working in a Sales Team and the course should improve negotiation and selling skills and should help participants to deal professionally and efficiently with clients and potential clients. The cost of the Workshop is \$ 360 (plus IVA) and this price includes all refreshments, buffet lunches at the Hotel Avenida and all course materials. Contact: Stephanie Walker - Columbanus Limitada - Telephone:00258 84 3024370 - E-Mail:swalker@teledata.mz

NewClearEnergy
BRENDA VAN STRAATEN FROM S.A

Will be conducting workshops here in Maputo at Hotel Avenida from 17 -19 March 2009

17 March - Customer Care - 1 Day Workshop
09h:00 - 17h:00
(lunch included)

- . usd 225 - individuals
- . usd 180 - for companies bringing more than 4 employees

18-19 March - Leadership Skills - 2 Day Workshop
09h00 - 17h00

(Lunch Included)

- . usd 325 - individuals
- . usd 280 - for companies bringing more than 4 employees

Registration is now open until 13 March 2009

For more information please contact: Noleen on 258 82 53 09 675

Brought to you by: EP Recruitment Agency





Noleen Massuco - Managing Director
Email: epreservations@gmail.com



Exhibition: A moment in time
Mieke Oldenburg — Bronzes
Dito — Paintings
Visit between: 18 February – 14 March 2009
Venue: Instituto Camões/Centro Cultural Porguêse

More Info: www.miekeoldenburg.com

present
Gorongosa Weekend
 March 7-8th all day@Cafe Sol
 don't miss
 "Gorongosa: That Was
 Then...This Is Now."
 Sunday March 8th 5-7pm*
 @Cafe Sol
 with Hendrik Pott

*Bring a business card and win a 2 night stay for two at Gorongosa's beautiful Chitengo Camp. Your stay includes park entrance fees, accommodation, breakfast and 2 game drives. & 1Kg of Cafe Sol coffee

Clint & Co.

Tributes to Joe Cocker, U2 & CCR

**2 shows.....Live at
 Polana Hotel**
 Cash Bar Available

Dates: 6th & 7th of March 2009
 Time: 8pm - 9:30pm
 Tickets: 200mts

To buy Tickets Contact
 Yolanda (82 8747631)
events2gg@yahoo.com







Looking for a location for a CONFERENCE?

Applicable to groups with a minimum of ten delegates or more residing in the lodge

Package inclusive of:

Accommodation, three meals, conference room and standard equipment rental, two tea/coffee breaks daily and one game activity

Room Levy and VAT at 14%

Registration Desk

Conference room of a size appropriate to the number of delegates attending.

Pens, notepads, water and mints.

Standard conference equipment – flipchart, white board, screen and an overhead projector.

One mid-morning and one mid-afternoon refreshment break with tea & coffee accompanied by either a sweet or savory snack. Note that tea and coffee can be substituted for a Fruit Break with Juice and fruit kebabs.

One boma dinner if numbers exceed 20 delegates.

MID-WEEK CONFERENCE (Sundays to Thursdays)

	SINGLE	DOUBLE
Standard Room	R1760.00	R1265.00

WEEKEND CONFERENCE (Friday & Saturday)

01/01/09 - 31/04/09	SINGLE	DOUBLE
Standard Room	R 2 990.00	R 1 990.00

Location - Situated in the Kruger National Park in the Mpumalanga Province approximately: 2km past Hectorspruit

Accommodation with 10 Luxury Rooms - 1 Suite room - 2 Double rooms - 7 Twin rooms

FOR MORE INFORMATION CONTACT: kellyalbasini@tdm.co.mz



For Sale: 2002 Kia Carnival & Trailer

**Blue with colour coded trailer, diesel, 7 seater
good condition, 84,000km's.**

USD 10,000 neg

Contact: 84 6181940