

## VISIT EGYPT - 12 DAYS (From Maputo) - Cairo, Alexandria & the Mediterranean

With the Nile Cruise **USD 2830**

### Package includes:

- Air ticket Maputo - Johannesburg - Cairo - Johannesburg - Maputo
- 4 nights accommodation in Cairo with breakfast
- 2 nights accommodation in Alexandria on full board
- 2 nights accommodation in Marsa Matruh
- 3 nights on board Movenpick Nile Cruiser Radamis II
- Tours Transfers airport - Hotel - airport



*For more details contact us on 21 493205 or email us on [bluesky@rogers-aviation.co.mz](mailto:bluesky@rogers-aviation.co.mz) See Page 6 for more details ..*

## **NEW RELEASE - PHOTO BOOK ABOUT THE BEACHES OF MAPUTO**



This book, the result of two year's work, shows more than 150 images of the beautiful beaches along the Avenida Marginal,

Including this photo (shown on right) that won the first prize at the celebrations of 120 years of Maputo. All pictures in the book, the posters and copies of the book can be obtained at [aspraiasde-maputo@hotmail.com](mailto:aspraiasde-maputo@hotmail.com) - or contact 82 681 0368. Price per book is MT 1400 (volume discount on request)



The book is also available at

- \* Café Sol in the month of May 2008 daily from 11.00 to 14.00 hr
- \* Moldura Minuto frame shop at the Avenida Eduardo Mondlane
- \* Sue Bornman Yoga and Pilates lessons
- \* Swedish Clinic, Avenida Julius Nyerere
- \* ArtSambique, Rua de Mukumbura 453

South African

# F1 POWERBOAT

Series



**Fórmula 1 - BARCOS**  
**13, 14 e 15 de Junho**  
**CLUBE NAVAL**



Southern Sun

MAPUTO



**TELESCAN**  
Telecomunicações e Sistemas Lda.

TUBE MECH

**UNI-SPAN**  
Moçambique



Sempre Presente

**STEINER**  
HYGIENE





# E-TRAC NEWSLETTER

Call the TRAC Customer Care Line on 0800 TRAC N4 (0800 872 264) or Email: [callcentre@tracn4.co.za](mailto:callcentre@tracn4.co.za)

**Travelling to R.S.A:** The TRACassist team has a toll free number (0800 8722 64 ) which road users can call 24-hours a day for help. On receiving a distress call through the call centre, an assistance vehicle is dispatched to where help is needed. If the roadside assistance team can provide immediate help, e.g. changing a tyre, they will do so. If, however, the problem experienced is more complex, the assistance team will call for additional support, and will remain with the stranded road user until professional help arrives, or until the person can move again.

**Look out for blue kilometre marker boards – this gives your exact location on the N4**

Blue kilometre marking boards on the side of the road have been placed at every 200 metres, and the TRACassist number is displayed on these marker boards at 2km intervals. Road users should attempt to give the readings on the blue marker boards to the call centre when they require assistance. Giving this reading helps the assistance team to immediately locate your position and reach you in the shortest possible time.

**Always keep the TRACassist number with you when travelling on the N4 Toll Route in South Africa: 0800 8722 64 (0800 TRACN4). You never know when you may need it.**



If you are looking for a nanny, ROSALIA is just perfect !

She has worked for 2 years with our family, and before that with other expat families. She has a great way in dealing with kids, and they just adore her. Having grown up children herself, no unforeseen problems pop up with coming late or not at all because of sick children etc... She is very trustworthy and has never disappointed us by not showing up. If needed, she is also able to cook. She speaks Portuguese.

We are leaving end of June, and she is looking for another job as from July.

Number Rosalia : 82 61 77 660—Number Nadia ( for references) : 82 58 20 176



**For sale;**  
**BIC sport surfboard .Never used**  
**Price including cover and wax: 450 \$**  
**Contact: [henny.jolke@tvcabo](mailto:henny.jolke@tvcabo). Tel nr. 82 4857160**

**Model: mini malibu surfboard**  
**length 7'3"(220cm)**  
**Max. Width 21"1/4(53.8 cm) - Max. Thickness 2"1/2(6,7cm)**  
**weight 12.34lb(5,60kg)**  
**Construction ACS**  
**Fin set-up Fin-Loc®, Thruster - Shaper Gerard Dabbadie**

## CAR FOR SALE:

**Tdi 90 Landrover**

**96 model with cd player & airconditioner**

**USD 10 000.00**

**Contact Sergio: 82 302 8050 or 82 300 5690**

LOLLA PALOZA RESTAURANT

SUPER 14 RUGBY

RUGBY SUPER 14

SEMI FINAL

24 MAY 2008

Crusader vs Hurricanes

9:35

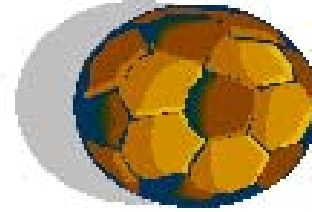
Waratahs vs Sharks

12:00

RUGBY SUPER 14

FINAL

31 MAY 2008



ABSA CURRIE CUP 2008

20 JUNE 2008

Sharks vs WP

19:10

21 JUNE 2008

Lions vs Blue Bulls

Griquas vs Cheetahs

27 JUNE 2008

Sharks vs Kavaliers

19:00

28 JUNE 2008

Cheetahs vs Lions

WP vs Blue Bulls

TRI NATIONS RUGBY

5 JULY 2008

New Zealand vs South Africa

9:35

12 JULY 2008

New Zealand vs South Africa

9:35

19 JULY 2008

Australia vs South Africa

11:05

26 JULY 2008

Australia vs New Zealand

11:05



CRICKET

10 JULY 2008

England vs South Africa

16 JULY 2008

England vs South Africa

30 JULY 2008

England vs South Africa



DARTS

WEDNESDAY'S

Join our local professionals  
upstairs or come alone  
and come join in the fun!!

Wednesday plate of the day:

Eisbein, rice & vegetables  
300

WEEKLY SPECIALS

TEUSDAY'S

FREE PIZZA

Buy 1 get 1 free!!

Valid from 18:00 - 21:00

THURSDAY'S

PRAWNS

200 Mtn PKG

Valid from 18:00 - 21:00

FRIDAY'S & SATURDAY'S

Happy Hour 18:00 19:00

Buy 2 2M copo's and get 1 free

TEQUILA? 10Mts A SHOT?

1LT BEER GLASSES NEW!!

1LT 2M 100Mtn

1LT LT CLARA 100Mtn

FORMULA ONE

25 MAY 2008

MONACO GP 13:30

8 JUNE 2008

CANADA GP 18:30

# CENTRO LUZ ISA SHAKTI

Idealizado por Isa Shakti, Mestre em Yôga, com experiência internacional é um Centro de estudos que visa o desenvolvimento do ser humano através do Yôga.

No Yôga a pessoa tem a oportunidade de se desenvolver e buscar respostas para tantas perguntas de seu cotidiano. É uma filosofia de vida que visa a auto-integração.

## PROGRAMAÇÃO MENSAL

- .Aulas de Yôga
- .Yôga para Melhor Idade ( \* )
- .Yôga para crianças
- .Yôga aplicado a Empresas - Workshop
- .Curso de Reiki - Níveis 1 - 2 - 3 e 4

## TURMAS

Manhã - Tarde - Noite e aos Domingos

## HORÁRIO ESPECIAL

- .Para crianças - acima de 7 anos
- .Adultos - acima de 60 anos

**Maputo - Moçambique :**

Av. Ahmed Sekou Touré, 307 - 2o andar - Flat 5

Isa Shakti - 82 0720 060 - isa.shakti@hotmail.com

(\* ) pessoas com mais de 60 anos

Day 1 Fri: Maputo, Johannesburg, Cairo. Fly from Maputo to take your connecting flight to Cairo via Johannesburg.

Day 2 Sat Cairo, Egypt. Transfer airport to Movenpick Pyramids hotel or similar (First Class Hotel Category).

Check into your hotel. The rest of the day is free for you to explore this exciting city. Later, meet your tour Director and fellow travelers at a welcome dinner this evening. (Dinner will be served.)

Day 3 Sun Cairo.

This morning drive to the Giza Plateau to visit the three pyramids of King Cheops, Chephren, and Mykerinos, as well as the valley temple with the Sphinx. In the afternoon visit the National Egyptian Museum and listen to the historic commentary given by your tour Director as you walk around the Halls. Also admire the treasure of the Boy King Tutankhamon. Tonight, join the optional evening Nile dinner cruise with belly dancing and a folklore show. (Breakfast will be served.)

Day 4 Mon Cairo – Alexandria.

Discover the oldest part of the city known as Coptic Cairo, which was originally a Roman Fortress called "Babylon". Today some of the Roman walls can still be seen. Next, visit the citadel of Saladin with its beautiful mosque. Leave Cairo and drive north by way of the agricultural road through the Nile Delta area. Lunch is included en route. More vistas of the Egyptian countryside come alive before reaching Alexandria for two overnights. (Breakfast, Lunch and Dinner will be served.)

Day 5 Tue Alexandria.

Alexandria, the pearl of the Mediterranean, is the very essence of everything Egyptian-cosmopolitan, cultured, elegant, architecturally contrasting, effervescently alive, and, above all, conscious of its beauty and magnetism. On the included city sightseeing see the catacombs, Pompey's Pillar, the new Alexandria library, the Fort of Qait and enjoy a stroll around the gardens of the Montaza royal palace. Afternoon and evening are at leisure. (Breakfast will be served)

Day 6 Wed Alexandria – Marsa Matruh.

Drive along the Mediterranean coastal road for a stop in El Alamein, made famous by the decisive victory of the Allies during WWII. Visit the military museum and cemetery and enjoy the included lunch before heading toward Marsa Matruh for two overnights. (Breakfast, Lunch and Dinner will be served.)

Day 7 Thu Marsa Matruh.

Marsa Matruh is a large waterfront town built around a charming bay of clear Mediterranean waters with clean, white sandy beaches. This morning visit the Agiba Beach and Rommel's Cave. The rest of the day is at leisure to soak up the atmosphere of this enchanting town. (Breakfast and Dinner will be served)

Day 8 Fri Marsa Matruh – Cairo.

Experience completely different scenery today as you travel back to Cairo on the desert road. Stop in Wadi el Natrun, situated in a valley dotted with oases. Visit one of the Coptic monasteries of this area and learn about the Coptic faith. Arrive in Cairo in time for some last-minute shopping at the Khan- el- Khalili bazaar. (Breakfast will be served.)

Day 9 Sat Cairo-Aswan (Embarkation)

Early morning flight to Aswan. On arrival, enjoy the city sightseeing, including the Temple of Isis, which was transplanted from the submerged island of Philae. Also on the agenda, the unfurnished Obelisk and the High Dam-completed in 1970. Board your cruise ship, HS Movenpick Radamis II, in time for lunch. The afternoon is at leisure to join the optional Abu Simbel excursion. (Breakfast, Lunch and Dinner will be served.)

Day 10 Sun Nile Cruise.

Due to the restricted space we have in this magazine we hope the above gave you a taste of what to expect.....

**VISIT EGYPT - 12 DAYS (From Johannesburg)**

**Cairo, Alexandria & the Mediterranean with the Nile Cruise USD 2446**

**Package includes:**

**Air ticket Johannesburg – Cairo – Johannesburg**

**4 nights accommodation in Cairo with breakfast**

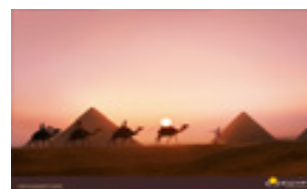
**2 nights accommodation in Alexandria on full board**

**2 nights accommodation in Marsa Matruh**

**3 nights on board Movenpick Nile Cruiser Radamis II**

**Tours**

**Transfers airport–Hotel – airport - [For more details contact us on 21 493205 or email us on bluesky@rogers-aviation co.mz](mailto:bluesky@rogers-aviation.co.mz)**



# BUSINESS TO BUSINESS

PO BOX 711, NELSPRUIT, 1200

TEL: 013 755 5503/54

FAX: 013 755 5599

Crossing Centre, Nelspruit

c/o Madiba Dr. & N4 - [www.mopani.co.za](http://www.mopani.co.za)



Dear Business Owner

Introduction of our Business to Business Service for your business' requirements.

As a community pharmacy, Mopani Pharmacy has recognized the needs of our business community. We have put in place a Business to Business service. Managed by Vanessa McCarthy, this department's core objective is to consistently provide all our business customers with superior service to meet your individual needs.

One (of the major products and) service which may be of interest to you are our First Aid products & services. Both convenient and time-saving, we can provide and refill First Aid Kits specifically tailored to the needs of your industry. No matter how safe your workplace is, or how well your risks are managed, accidents can still happen. It doesn't matter whether this is caused by work or not. What is important is that you've made arrangements to ensure that your injured staff receives immediate attention. The initial management of injuries and illness until expert medical attention is received could make the difference between life and death. We therefore take the liberty of suggesting that you consider consulting our team at Mopani Pharmacy's Business to Business on the best First Aid solutions for your specific needs.

Our Business to Business department also provide other products and services tailored to your needs. These include a 30 day Business Account facility, flu vaccinations at your business premises, travel advice and vaccinations and much more. Contact Vanessa McCarthy on (013) 755 5503 to enquire about our Business to Business Department, and how Mopani can help you make your business safer and healthier for you and your staff. Alternatively, contact Aletta van den Heever on (013) 755 5554 for more information on our First Aid Kits, and how your business might benefit from this convenient service.

Our best wishes go out to our Lowveld business community, and we are looking forward to assist you with your every need.

Yours in business,

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**RW GIBBS (Pty) Ltd t/a MOPANI PHARMACY. REG No 1996/03060/07 - DIRECTORS: RW GIBBS \* JA VENTER**

## **CONFERENCE ON CORPORATE GOVERNANCE IN AFRICA**

**Theme: Probity & Integrity in the Dawn of the Millenium**

**JOAQUIM CHISSANO INTERNATIONAL CONFERENCE CENTRE**

**10 & 11 October 2008 - MAPUTO, MOZAMBIQUE**

**BACKGROUND:** This two days conference which is expected to bring together about 200 to 300 Corporate decision makers and leaders across all sectors in Africa, is aimed at consolidating the already on going debate on Corporate Governance in the continent. Being the first of its kind in Mozambique and Portuguese speaking Africa in general, it will afford the participants a unique opportunity to discuss the concept at broader perspective, including looking the same from different legal backgrounds and their implications to various economies especially now that we are on the integration process.

Patroned by the Mozambique peace architect and winner of the Mo Ibrahim Award of Excellence in good governance, Former Mozambique President Joaquim Alberto Chissano, the conference will be a platform for debates on Corporate Governance and how this could be effectively used in the continents quest for increased sustainable investment and poverty eradication. Chissano, while President of Mozambique followed with interest the global developments on Corporate Governance and sustainable development in the past decades, hence sees the need to help consolidate the same in African emerging markets, especially those where not much has been done on Corporate Governance yet presenting great investment opportunities, for African markets need to grow together.

The Conference will be blended with presentations and moderations by speakers and personalities who have shaped the contemporary Corporate Governance debate in Africa and the worldover. Moreso delegates will be afforded networking opportunities which might result in business or/and investment opportunities especially in countries like Mozambique where there are opportunities which had not been revealed to the world.

## OBJECTIVES

The objectives of the conference are:

To bring together decision makers to discuss corporate governance issues

To strengthen the debate on Corporate Governance especially for those whose countries have made remarkable mile stones

To help those participants whose countries are still lacking behind on Corporate Governance issues

To rationalise the debate on Corporate Governance in the continent (not to confine it to certain countries)

To bring different perspectives informed by different legal backgrounds and markets to the debate on Corporate Governance in the continent

To create new and strengthen already existing networks for decision makers and corporate governors

To influence African leaders so that they see corporate governance not only as a private sector driven agenda but also as important to the public sector' sustainability

Making it a learning opportunity on how free market systems operate

To help Africa move together in terms of sustainable investment and growth To inculcate a culture of dealing in good faith, probity and integrity within businesses across Africa

## JOAQUIM CHISSANO INTERNATIONAL CONFERENCE CENTRE

Built by the Mozambican Government and named after Former Mozambique Head of State in honour of his work, the Joaquim Chissano International Conference Centre is a world class conference facility which has hosted big events that include both AU and UN meetings and big business conferences. The centre is situated along the coast of Maputo City and is fully equipped to meet the expectations of participants at a level of a Corporate Governance Conference in Africa. Besides the main auditorium, the conference centre has broad corridors and extra rooms appropriate for setting up stands and banners for marketing purposes.

CONFERENCE LANGUAGE English & Portuguese (simultaneous translation)

## SPONSORING/EXHIBITION AT CONFERENCE

Exhibition of different products and services will take place alongside the conference, where suppliers will be exposed to about 200 to 300 influential delegates and decision makers expected to come from Africa and parts of the world. Besides, sponsors logos will be paraded in both the conference Magazine and website apart from the banners they will be allowed to display at the conference. Some will be granted the opportunity to display their logos on the banners of the conference which will be stretched across some of the main roads of Maputo. So, grab the chance and be paraded amongst business leaders and decision makers throughout the continent and beyond. The earlier you seize the opportunity the more visible you will become. (Note- the conference will be also marketed through the corporate governance network internationally).

For Conference Information and Sponsoring Opportunities Please contact

Anderson Mondlane

(Conference Coordinator)

Joaquim Chissano Foundation (see the foundation's website for profile) [www.fjchissano.org.mz](http://www.fjchissano.org.mz)

Direct contacts

anderson.mondlane@gmail.com

Cell +258 825232733

## SOCIAL EVENTS/ PARTNER PROGRAMME

Delegates can look forward to a Cultural Night 'the Mozambican way, the African Touch ' where Mozambican food, dance and music will be dished out. Chissano himself will be the HOST. Besides the Ministry of Tourism of Mozambique will prepare a post conference package for those interested in adventuring into the beauty of Mozambique 'The Pearl of the Indian Ocean'.

## ACCOMMODATION

Chissano International Conference Centre is situated along the coast of Maputo City, where there are a number of first class hotels and accommodation facilities. The organizers have negotiated special rates for conference delegates.