

Concert of chorale singing with Majescoral, "Mikhamba" choral singing

Majescoral presents " Mikhamba"

"Mikhamba" (Roots in gitonga), is a concert that intends to portray the process of urbanization of the traditional Mozambican music without loss of taste; it is about a trip from the field to the city, a proof of the survival of our culture, a perfect marriage between the traditional and the modern.

Date: Friday 8th August 2008

Time: 20:30

Place: French Cultural Centre (near Rovuma Hotel)

Entrance: 150.00 Mtn



BMW 535 – Green

Year 1990

Black leather interior

Left hand drive

Mozambican registration

USD 2 800 neg...

Contact - Yolanda: 82 747 4160



Live in South Africa at the Teatro Montecasino

Celtic dance at its best in the world famous Lord of the Dance! Touring the globe nonstop for years, this troupe of high kicking dancers and energetic fiddle players have entertained millions, and promise a rousing evening of pure entertainment. Dates: August 7th to 31st August. Book at computicket:- www.computicket.co.za



Rent a G.I: This great inflatable climbing structure is available for rent in Maputo for all kinds of parties, team building events, as all ages can have fun for hours. 12m x 4m. Contact Kika on + 82 5388174

Incase of a Police Emergency : Contact Police Central Dispatch number: 82 633 1808 or 912 or 919 (from Cell phones Only). It does not matter the area you are in they will assist

FOR SALE

1995 Toyota RAV4. Four door and in excellent condition.

Asking price \$6,000 or best offer.

For information, call: 82-301-2881



Looking for house or office space to rent in Matola for a small business. Please email:

shellybe@absamail.co.za or contact me on 826701785. Required - Urgent

Columbanus is pleased to announce the Corporate Governance and Business Ethics Workshop on the 5th September 2008 at the Hotel Avenida, Maputo. The Workshop will run from 08.30 to 17.00 and will be presented in English by Praveen Naidoo from Johannesburg. The Workshop will cover the following:

- Why Corporate Governance?
- Corporate Governance – commitment or lip service
- Directors and their responsibilities
- Risk Management and Internal Control
- Integrated Sustainability Reporting
- Beyond the rules and regulations
- The modern corporation and its moral obligations
- The Governance of Ethics
- Moral Leadership

This Workshop has been presented across Southern Africa and has been very well received. Certificates of Participation will be issued after the Workshop. The Presenter, Praveen Naidoo is a member of the Institute of Directors, the Institute for Global Ethics, Character Counts and Business Ethics Network Africa. Praveen was the Manager of Organisational Ethics at the Ethics Institute of South Africa and is currently the Director at the Global Integrity Network and the South African Integrity Network in Johannesburg.

The cost of the Full Day Workshop is USD 270, plus IVA. The cost includes the course materials, refreshments and a full Buffet Lunch at the Hotel Avenida. Please let us know before the 15th August if you would like to reserve a place on this Workshop.

Contact: Stephanie Walker - Telephone:00258 82 3024370 - E-Mail:swalker@teledata.mz

Toyota Prado 4*4, Diesel, 1993, 130.000 km, imported from Japan in February 2003. Air Conditioning, 7 Seats, the ideal family car!!

Good condition. Regularly serviced at Auto Suica.

Price is 9.800 US\$ or best offer. We would like to sell until mid-August!

If you are interested, please call Alex: 82 - 717 212 0 or Cora: 82 – 65 00 580





Bed Side Tables with Head-board including bed with side tables and chest of drawers: usd 1000.00



Curtains for Sale: USD 20 each

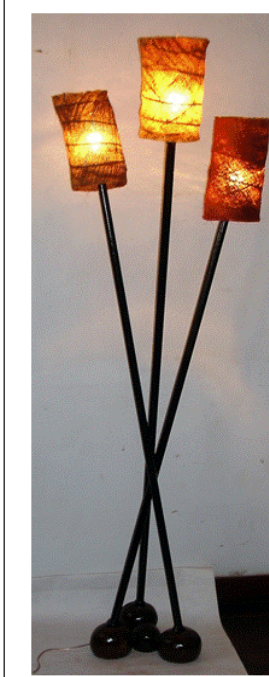


Treadmill for sale: 500.00

Beautiful Leather Sofa (2 x 2 seate with an additional 2 single seaters). Cream Leather. Two Printed backless chairs. Usd 2000.00

2 high backed Chairs: Usd 500.00.

For more Information on this furniture please contact: 82 747 4160



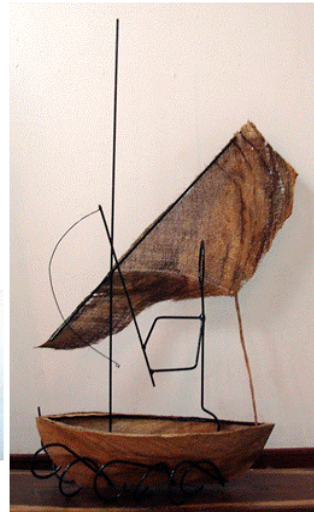
COCOMANIA



" A Ferro e Coco " Criações



FERROCULTURA



COCOCONCHOMANIA



Pedro Nóvoa

Av. Ho Chi Min nº 57 – 1º

pedronovoa@hotmail.com

www.aferroecoco.blogspot.com

Tel : 21323477 / 828465980





BELLY DANCING LESSONS FOR ALL AGES:

43 Ave. Egas Monis, Sommerchild

(turn in at Farmacia Calendula next to Havana Bar on Mao Tse Tung).

New Beginners Class Starting Feb 2008!!!

Mondays + Wednesdays Address: 43 Ave Egas Monis,

16:30-17:30 (advanced beg)

17:30-18:30 (intermediate)

18:30-19:30 (beginners)

For any body, any size, any age!

CORE CLASS

- A fusion of Pilates and Ball exercises
- Tones and strengthens muscles of the stomach, arms, bums and thighs
- Low impact, suitable for anyone over 16 years
- Instruction by a Physiotherapist
- Helps reduce and prevent back pain

TUESDAYS AND THURSDAYS: 9:00-10:00 or 18:00-19:00

Balls and mats are available. Just bring a towel and water.

Call Ana-Lisa on 84 676 0080 for more info

KITE SURFING: Learn to Kite Surf in the Bay of Maputo

If you are looking for a water sport and would enjoy the "thrill" of kite surfing, then look no further. This addictive sport has it's own club based in Maputo with a highly qualified teacher available and eager to teach new students..

For more information contact: Nic on 82 300 9240 or nicmundos@hotmail.com



PAINTBALL SHOOTING AVAILABLE IN COSTA DO SOL AREA NEAR WATERWORLD

Excess energy? Perfect way to enjoy an afternoon. How about some team building? Children of ages welcome.

Contact: 82 430 8940

Movement of Live Stock Restrictions:- As a result of several disease outbreaks of foot & mouth in parts of Tete and Gaza, and Rift Valley Fever in Swazi, the national veterinary authority has introduced movement of stock restrictions in certain areas as follows: Breeding stock of cattle, goats, sheep and pigs from Tete and from the districts of Chongoene, Chidenguele and Manjacaze in Gaza and Xaia Xai; Import of any goats, cattle and sheep from affected areas of Swazi

Homes To Rent: Maputo

Bairro Triunfo - 4 bedroom, modern home, garden, no pool, 1 lounges-dining room. Electric Fence. Available Immediately. Rent USD 3000.00. Contact Zaida on 82 425 5280

Coop house: 3 bedrooms, in very good condition. Available 1st September: Rentals USD 2000.00 Contact Zaida on 82 425 5280

Beautiful large Penthouse overlooking Maputo Bay. 4 Bedrooms in a secured complex. Unfurnished. Rental: USD 3500.00. Available immediately. Contact Yolanda 82 7474160.

Mao Tse Tung: Large furnished Apartment: 3 Bedrooms with wonderful sitting room and modern kitchen: USD 2000.00. Available 1st September. Contact: Yolanda 82 747 4160

Xenon Cinema on Julius Nyerere—Magic Morning Shows

Xenon (Maputo)

02 & 03-08-2008	Ugly Ducking And Me
10 & 10-08-2008	Meet The Robinsons
16 & 17-08-2008	Charlotte's Web
23 & 24-08-2008	Donkey Xote
30 & 31-08-2008	TMNT

Are your Children bored at Home: Send them to Day Summer Camp at The Internatinal School of Maputo.

Rua De Nachingwea, No. 389. A fun filled week starting from 8am till 4:30 pm daily with trips to the beach, pottery, art, dance, lots and lots of games. Week 2 starting 11 August has space available for children of all ages. USD 100 per child for a full week, full day's entertainment! **For additional information, please email: damoaten@hotmail.com or call 82 536 4736**

NEXT ADVENTURE Promotions Lda

Branding of corporate clothing
NEXT ADVENTURE



**Supplier of 2M and Laurentina branded
T-shirts, Golf shirts, Track suits,
Vests, Caps, Jackets, Table covers,
Trays, Spare wheel covers and Coolers**



Contact Anne Sorensen
Fax & Phone: 21 490886
Cell: 82 3185250
E-mail: viking@intra.co.mz
Shop: Rua do Chá, Jardim

BOTOX & FILLERS

21 – 23 AUGUST 2008

DR CHRIS GIESLING (Medical Aesthetic Practitioner) and founder member of Anti Aging & Aesthetic Medicine Society of S.A. Will be offering the following services :

BOTOX

Frown	\$175
Brow lift	\$60
Forehead	\$145
Oral angles	\$60
Chin	\$80
Neck Bands	\$175-350
Crow feet	\$175
Liquid face lift	\$575

FILLERS \$430 per ampoule

1. Cheeks	1 amp
2. Cheek bones	1 amp
3. Nose folds	1-2 amps
4. Oral angles	1 amp
5. Lips	2 amp
6. Decollete	1 amp
7. Frown lines	± ½ amp
8. Crows feet / scars	± ½ amp

Mesotherapy

1. Cellulite \$115 to treat A5 size area
2. Body sculpting (fat pocket reduction \$130 to treat 80 cm²
3. Fat pods under the eyes \$70

Combination Treatments

1. Facial rejuvenation peel + meso therapy \$175
2. Hand rejuvenation peel + meso therapy \$400

Permanent Make-Up

Eyeliner	\$180
Eyebrows	\$ 180
Lip Liner	\$ 180
Full Lips	\$ 290
Touch – Lip	\$ 180

To secure a booking a 50 % deposit will be required (non- refundable)

Please phone Decali Salão de Beleza - Tel : 21 48 64 48 - Adress : 1202 kenneth Kaunda , Maputo